



خط سبید

متون و دستور زبان
انگلیسی پایه

Basic English Reading & 1 Grammar

برای دانشجویان دانشگاه‌ها
و مراکز آموزشی

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Basic English Reading & Grammar

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محمد حسین برزویی
علی اصغر تقدسی فر
حسین دلبری
محمد صادقی سبزواری
موسی الرضا مشکانی

بِسْمِ
الرَّحْمَنِ
الرَّحِيمِ

خط سنجید

متون و دستور

زبان انگلیسی پایه (۱)

برای دانشجویان دانشگاه ها و مراکز آموزش عالی

ویرایش جدید

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Lesson 1

A. Definitions and exemplifications:

- acquaintance: /ə'kweɪntəns/ _N.
Someone you don't know very well.
*He has been their **acquaintance** for many years.*
- bond: /bɒnd/ /bɑ:nd/ _N.
connection, something that makes two things stick together
*The agreement strengthened the **bond** between the two countries.*
- in common: /ɪn 'kɒmən/ /ɪn 'kɑ:mən/ _Idiom
things that you like or dislike are the same
*The twins have a lot **in common**.*
- perhaps: /pə'hæps/ /præps/ /pər'hæps/ _ Adv.
maybe
***Perhaps** he has forgotten his appointment with the doctor.*
- right away: /raɪt ə'weɪ/ _ Adv.
immediately
*After the reception, he left the party **right away**.*

- spouse: /ˈspaʊs/ /ˈspaʊz/ _N.
 husband or wife
 *The man respected his **spouse** a lot.*
- stranger: /ˈstreɪndʒə(r)/ _N.
 someone you don't know at all.
 *They got on very well although they were total **strangers**.*
- twin spirit: /ˈtwɪn ˈspɪrɪt/ _N. **Phrase**
 someone very similar to you.
 *It is said that each person has a **twin spirit**.*

B. Reading Comprehension

Friendship



Friendship is one mind in two bodies.

Your friend is the man who knows all about you, and still likes you.

A real friend is one who walks in when the rest of the world walks out.

Some friends come into our lives for just a short time. Others come and
5 stay forever. Think about your closest friends. How long have you known each
other? Some people say that their **spouse** or family member is their best friend.
Others say they have known their closest friends for many years. And some
great friends haven't known each other all that long, but knew right away that
there was a connection, or **bond**, between them. Could it be that there is a **twin**
10 **spirit** out there for each of us?

What turns a **stranger** or **acquaintance** into a friend? Do you know **right**
away if you are going to like someone? Some people think that any stranger can
become a friend if they spend enough time together. That may be true for some
people. But one thing most of us agree on is that true friendships seem to happen
15 when people have something **in common**. **Perhaps** we see a part of ourselves
in our friends. Maybe seeing the good in them helps us to see the good in us as
well.

C Answer the following questions orally.

1. Were there two sets of footprints for the first scene?
2. Who did they belong to?
3. How many footprints were there at the saddest times of his life?
4. Does the LORD leave his creatures alone?

Vocabulary

A Match the words in column A with their **synonyms** in column B.
(There is one extra word.)

A

-1. beach
-2. questioned
-3. happened
-4. belonging
-5. flashed
-6. noticed
-7. dream

B

- a. fancy
- b. coast
- c. shined for a moment
- d. being the property of
- e. saw, realized
- f. occurred
- g. asked
- h. replied

B Match the words in column A with their **antonyms** in column B.
(There is one extra word.)

A

-1. love
-2. questioned
-3. understand
-4. precious
-5. follow
-6. troublesome

B

- a. replied
- b. lead, order
- c. simple, easy, pleasant
- d. misunderstand, miss
- e. inexpensive, cheap
- f. promise
- g. hate

© Fill in the blanks with the appropriate words. (There is one extra word.)

flashed – troublesome – dream - sad – happened – suffered – reply

1. The soldiers often.....about home, because they get home sick.
2. The idea.....into his mind.
3. I don't know how the accident.....
4. Her cough is very.....today.
5. He failed to.....to the teacher's questions.
6. He..... a lot from the loss of memory.

Grammar

A Present Continuous Tense

Usage

1. An activity that is in progress at the moment.

2. A general activity that takes place this week, this month or this year.

Example

Mary **is watching** TV right now.

I'm **training** for the Olympics.

B Past Continuous Tense

Usage

1. An interrupted action

2. A repeated or continuous state in the past

Example

I **was watching** the Olympics on TV when the phone rang.

I **was making** many new friends at the Olympic village.

B Can – May – Will

B1 We use can to say that something is possible or that some one has the ability to do something. The negative form is can't.
I can speak English.

B2 May is used for probability and permission. The negative is may not.
I don't know where my father is. He may be in his office.

B3 Will is used for offering, agreeing, refusing, promising, asking. The negative form is will not or won't.
I will phone you as soon as I arrive.
Will you open the window, please?

Choose the best options.

1. They were in the film.
 - a) interesting
 - b) interested
 - c) interest
 - d) interestingly
2. The students werebecause the story was
 - a) amused – amused
 - b) amusing – amusing
 - c) amused – amusing
 - d) amusing – amused
3. Because the lion wasthe man was.....
 - a) frightened – frightened
 - b) frightening – frightening
 - c) frightened – frightening
 - d) frightening – frightened

4. The children were because the film was not

- a) interested – interesting b) bored – interesting
c) boring – interested d) a and b

5. I'm afraid. I.....come to your party next Friday.

- a) can b) may
c) cannot d) will

6. The sky is cloudy. Itrain tonight.

- a) can b) can't
c) may d) may not

7. I'm sorry. I come to your party because I am too busy.

- a) can b) can't
c) may d) will

8. Itell Tom what you said. I promise.

- a) can b) won't
c) may d) may not

9. My car keysbe at home. I am not sure.

- a) will b) won't
c) may d) b & c

10. Mr Akbarilift that heavy object. He is very strong.

- a) may b) may not
c) can't d) can

11. I am too tired to walk home. I think Itake a taxi.

- a) can b) will
c) may d) could

12. A: ".....I open the window?"

B: "No, younot."

- a) May – will b) Will – may
c) May – can d) Will – can

B. Reading Comprehension

Self-esteem and Confidence



Your self-esteem is how much you value yourself. Most people have days when they value themselves highly, feel **confident** and believe in themselves. Likewise, most people have other days when they are not sure of their **worth**.

Some people have low self-esteem most of the time, often due to being put
5 down all the time, or having unrealistic **expectations**. Comparing themselves to others can give some people low self-esteem looking at others and thinking “Why can’t I be like them?” makes you feel bad.

High self-esteem can help us feel good about ourselves and the world around us. Having high self-esteem by means of self-talk can mean you
10 believe you are an Ok person, you feel relaxed inside and **respect** your own value, you have positive beliefs about yourself and what you can reach, you feel confident, and the future looks **promising**.

High self-esteem can bring other things along with it. It can bring feelings of calm and relaxation, a positive **attitude** and a sense of being full of life, being
15 open and communicative, and **continuous** personal growth.

High self-esteem can be a great helper in your life. It can also make others feel safe, at ease, and valued when they are around you. Did you know that some studies have shown that you can play sports better by practicing positive self-talk? Why not give it a shot?

- 20 There are many ways you can invite self-esteem into your life. Be nice to yourself. Stop giving yourself a hard time and start **appreciating** you as a **unique** individual. If you compare yourself to others, you will always find things missing in yourself and your life! You can also think of times you have tried something new and succeeded. It **reminds** you of your **qualities** that have helped you in your life. At the same time,
- 25 give yourself the right to make a mistake or not to be “perfect” whatever “perfect” is! Mistakes are a great **opportunity** to learn about you. Don’t waste the chance.

Comprehension Exercises

A True or False

- ...1. Low self-esteem is because of having unrealistic expectations.
- ...2. If you want to have high self-esteem, you shouldn’t think of yourself as a unique individual.
- ...3. To have high self-esteem one should always try not to have even a mistake.
- ... 4. Positive self- talk increases self-esteem.
- ...5. “Why can’t I be like them?” gives every body low self- esteem.

B Choose the best options.

1. If we compare ourselves to others, we will

- a) always find positive things in ourselves
- b) appreciate ourselves as a unique one
- c) have opportunity to learn more
- d) find things missing in ourselves

2. Giving ourselves a hard time helps us to

- a) work hard in different fields
- b) have high self – esteem
- c) have confidence
- d) have low self-esteem